

## **CAUSE & EFFECT: Getting “down and dirty” with innovative materials**

SKILL LEVEL: ALL LEVELS

CLASS SIZE: 16 STUDENTS

DURATION: 5 DAYS / 30 HOURS

Mesmerized by distressed surfaces in nature and on man-made structures?  
Compelled to add dimension to your art quilts?  
Committed to reducing your carbon footprint as an artist?  
Exploring “What if...?” and “How about...?” in fiber art related topics is the main focus of this intensive workshop.

Here is your chance to: Holster your heat guns! Plug in your heat tools! Sort through your recycle boxes... and sign up to experiment to your heart's content with like-minded art quilters under Anna Hergert's tutelage: combine ordinary quilting supplies with recyclable materials, direct a little heat, add a brushstroke of paint, weave in some threads and manipulate a used dryer sheet, those pesky plastic bags, metallic wrappers and Tyvek into gems that can be incorporated into your next art quilt.

This hands-on workshop allows for extensive experimentation and will produce a library of samples during the first half. A small art quilt or 3 – D installation piece will be created during the latter part of the workshop.

### **Supply List: “Cause & Effect”**

- 3 ring binder with card stock for mounting samples and notes
- Plastic sheet to cover your work table
- 3 pieces of craft felt (Rain bow felt / 100% acrylic), your color choice
- 2 yds of paper backed light weight fusible,
- Small soft sponge
- 3 Soft paint brushes (1/2”, 1” and 2” width), water container, spray bottle
- 2 or 3 colors of acrylic paint (choose at least one in metallic)
- 3 Tyvek envelopes (may be recycled or new)
- 1 – 2 yds of polyester sheer fabric (your color choice)
- 3 – 5 SHIVA (Markal) oil sticks (your color choices)
- Stencil brush, plastic template sheet, masking tape, brayer
- 1 bottle of white PVA glue, some discharge past (optional)
- Heat or embossing gun and hot wood working tool or hot stencil cutter
- Used plastic shopping bags, plastic food wrap, used dryer sheets
- 1 package of cheese cloth (from the grocery store)
- 1 - 2 Paper napkins, bubble wrap, foil wrappers, foiling supplies (optional)
- Hand-dyed fabric or batiks without large print (1 – 2 meters/yd will be sufficient)
- Sewing threads to compliment the fabrics (cotton, rayon and/or metallic)
- Cotton embroidery threads (floss and/or pearl cottons)
- Matte beads (no smaller than # 8, # 6 preferred)
- - Hand sewing needles, embroidery scissors

- Fabric and paper scissors, rotary cutters, rulers and cutting mat
- Sewing Machine in good working order with extra needles, assorted threads and accessories (free motion foot is a must!)

**Organizer needs to supply:**

- one table and chair per participant
- 3 ironing surfaces
- easy access to water (classroom close to the washroom will work)
- easy access to out doors for heat distressed samples and techniques
- whiteboard or flip chart with markers