

CHOOSING CREATIVITY

SKILL LEVEL: ALL LEVELS

CLASS SIZE: UP TO 30 STUDENTS

DURATION: 1 DAY / 6 HOURS

This one-day workshop is near and dear to the artist's heart. Staying motivated, overcoming creative blocks, fanning the fires of desire, and fighting self-doubt are important topics any serious quilt artist has encountered. How do you stay focused and excited about your work?

The workshop evolved from Anna Hergert's self-published monthly newsletters (2006 - 2012) featuring motivational suggestions and creativity coaching. Since December 2012 this newsletter was rolled over into an informative blog with an average of three posts per week..

Anna openly shares experiences, self-motivational tricks and proven techniques to keep the artist within alive and full of enthusiasm. Active discussion, group work and short, individual exercises will provide participants with countless resources to harness them with information to shorten and overcome possible future periods of creative block.

Supply List for "Choosing Creativity":

- Note book, pen and pencil
- Motivation to share
- Open mind to receive

Organizer needs to provide:

- Tables and chairs for participants
- White board or flip chart with markers
- One table for presenter's supplies